



## **AFTER CARE INSTRUCTIONS FOR PIERCED EARS**

In the first **24-28 hours** following piercing:

- Redness, pain and swelling are to be expected the first 24-48 hours. If worsening redness, pain, swelling, or any ear discharge develops, call After Hours Kids to schedule an appointment.
- To alleviate pain and discomfort following an ear piercing, Acetaminophen/ Tylenol or Ibuprofen/ Advil/ Motrin (for those 6 months or older) can be used.

For the first **6 weeks** following piercing:

- Wash hands with soap and water before touching or cleaning ears
- Clean the front and the back of the earlobe piercing site with alcohol 3 times a day AND after swimming or taking a shower/bath
- Turn and twist the earring from the back at least one time a day to help establish the ear piercing
- **DO NOT REMOVE** or change out ear piercing studs for at least 6 weeks

For the first **1 year** following piercing:

- **DO NOT REMOVE** earring for more than 12 hours without putting another earring in place. This can result in the piercing closing up